



864-909-3793

<http://spartanburg.hubcitydelivery.com>

Health In Hand Juice Smoothie

Drinks From HCD

All drinks will be delivered at room temperature. Drink orders do not go towards the food purchase minimum.

Cold-Pressed Juices

The Yogi	\$10.00
<i>Cucumber, Spinach, Apple, Kale</i>	
Natural Glow	\$10.00
<i>Carrot, Orange, Lemon, Ginger, Cayenne</i>	
Turmeric Sunrise	\$10.00
<i>Apple, Pear, Carrot, Celery, Lemon, Ginger, Turmeric</i>	
Liquid Gold	\$10.00
<i>Grapefruit, Apple, Orange, Lemon, Ginger, Coconut Water</i>	
Sweet Beet	\$10.00
<i>Beet, Apple, Cucumber, Lemon, Ginger</i>	
Mermaid Lemonade	\$10.00
<i>Filtered H2O, Blue Spirulina, Agave, Lemon</i>	
Almond Mylk	\$10.00
<i>Almonds, H2O, Agave, Cinnamon, Sea Salt</i>	
Charcoal Lemonade	\$9.00
<i>Activated Charcoal, Lemon, Agave, H2O</i>	
Dragonfruit Lemonade	\$10.00
<i>Dragonfruit, Lemon, Agave, H2O</i>	

Extras'

Overnight Oats	\$8.50
<i>Oats Soaked in Almond Milk, Overnight, Topped with Chia Seeds, Agave, Blueberries, Cinnamon, Strawberries & Walnuts</i>	
Flu Shot	\$5.00
<i>Coconut Water, Ginger, Turmeric, Local Honey, Lemon</i>	
E3Live + Brainon Shot	\$5.00
Cold Brew	\$5.00
<i>On Ice</i>	
Iced Oat Milk Latte	\$6.00
<i>With Maple Syrup</i>	
Protein Balls (1)	\$1.75
<i>Peanut Butter, Oats, Flax, Chia, Agave, Sea Salt, Cinnamon</i>	
United Soda	\$5.50
<i>Strawberry Basil, Lemon Verbena, Mango, Nectarine</i>	
Chlorophyll Water	\$7.00

Organic Smoothies

Mocha Maca	\$10.00
<i>Banana, Maca, Oats, Agave, Cinnamon, Almond Butter, Cold Brew, Cacao, Oat Milk</i>	
Spice of Life	\$10.00
<i>Apple, Banana, Ginger, Turmeric, Flax, Cinnamon, Sea Salt, Local Honey, Almond Butter, Almond Milk</i>	
Breakfast Smoothie	\$10.00
<i>Banana, Blueberries, Oats, Almonds, Flax, Oat Milk</i>	
Peanut-Butter Banana	\$10.00
<i>Organic Peanut Butter, Banana, Almond Milk</i>	
Berry Blast	\$11.00
<i>Strawberry, Blueberry, Dragonfruit, Avocado, Local Honey, Ginger, Coconut Water</i>	
Glowing Green	\$10.00
<i>Spinach, Lime, Banana, Pineapple, Wheatgrass, Coconut Water</i>	
Dragonberry	\$11.00
<i>Dragonfruit, Orange, Strawberry, Banana, Coconut Water</i>	
PB&J	\$11.00
<i>Acai, Peanut Butter, Blueberry, Banana, Almond Milk</i>	
Black Buddha	\$11.00
<i>Blueberries, Banana, Kale, Almond Butter, Activated Charcoal, Vegan Vanilla Protein, Almond Milk</i>	
Oatmeal Pear	\$10.00
<i>Banana, Pear, Oats, Cinnamon, Agave, Almond Butter, Ginger, Oat Milk</i>	
Kale Yeah	\$10.00
<i>Kale, Spinach, Apple, Banana, Flax, Soy Milk</i>	
Maple Pumpkin Pie	\$10.00
<i>Organic Pumpkin, Maple Syrup, Banana, Pumpkin Spice, Almond Butter, Cinnamon, Homemade Organic Oat Milk</i>	

Bowls

Acai Bowl	\$13.00
<i>Blended Organic Acai Topped w/ Fresh Fruit, Granola, Coconut Flakes & Honey</i>	
PB Lover Bowl	\$13.00
<i>Blended Organic Acai & Banana, Topped with Strawberry, Blueberry, Granola, Coconut Flakes, Cacao Nibs, Goji Berries & Peanut Butter</i>	
Dragon Fruit Bowl	\$13.00
<i>Pitaya Blended w/ Banana & Blue Majik, Topped w/ Strawberry, Pineapple, Coconut Flakes, Local Honey</i>	
Chunky Monkey	\$13.00
<i>Acai Bowl Base, Topped With Banana, Cacao Nibs, Chia seeds, Cinnamon, Local Honey & Almond Butter Drizzle</i>	
Cran Apple Acai	\$13.00
<i>Organic Unsweetened Acai blended with Banana, topped with sliced Apple, Dried Cranberry, Walnuts, Granola, Almond Butter & Local Honey Drizzle, Cinnamon Sprinkle</i>	

Lunch

Veggie Lover's Salad	\$10.50
<i>Organic Spring Mix, Carrot, Cucumber, Cherry Tomato, Avocado, Chickpeas, Plant-based Feta, Homemade Maple Dijon Vinaigrette</i>	
Mediterranean Wrap	\$10.50
<i>Spinach, Avocado, Cucumber, Olives, Red Pepper, Red Onion, Hummus on a Garden Spinach Wrap</i>	
Kale & Hummus Wrap	\$10.50
<i>Kale, Cucumber, Avocado, Sunflower Seeds, Housemade Maple Dijon Vinaigrette, Hummus on a Garden Spinach Wrap</i>	
Harvest Garden Salad	\$10.50
<i>Organic Spring Mix, Avocado, Green Apple, Dried Cranberry, Walnuts, Plant-based Feta, Homemade Honey Poppyseed Dressing</i>	